



Oh Baby!

Having a healthy pregnancy is important to everyone. Blue Cross offers support to pregnant women to help them achieve the healthiest outcome possible for both moms and babies.

1. Connect to online tools and get answers to your questions as well as advice about pregnancy and infant care.
2. Learn tools to stay healthy while pregnant.
3. Helps women prepare for arrival of the new baby.
4. Get personalized support.
5. Tips on how to stay happy and healthy after the baby is born.
6. Connecting with high-risk members. Whether you've been identified as having a high-risk pregnancy or you choose to self-refer because you want to benefit from the support, the program is there to ensure those who need the support receive it.

Call 1-866-489-6948, 8am to 4:30pm Central