



Kick Butt, Kick the Can!

A healthier union starts with you! With the support of the Minnesota Laborers Health & Welfare Fund and Sand Creek Workplace Wellness, this is the year to finally kick that tobacco habit.

- Meets you where you are on your path to quitting.
- Program considers all your needs: tobacco, e-cigarettes and vaping.
- Relapse prevention plan helps you stay quit.
- Work with your personal, confidential counselor.



Quit
Tobacco

Please contact **Sand Creek 24/7** to speak with a representative confidentially and free.

651-662-2583